

Student Revision Help Guide

1. The bottom line is, if you don't revise you will not do your best in your exams.
2. Find out what you have to know for each subject. Get a copy of the syllabus.
3. Make a revision timetable. Include in this items such as visits to the gym; ringing friends; watching a favourite TV programme. If you know you will definitely be doing this activity put it in so you won't feel guilty about doing it.
4. Spend no more than 25 minutes revising a topic before taking a break and then moving onto the next topic.
5. DON'T just read your notes. You will soon be bored.
6. Use a technique that suits you and your subject:
 - Re-write your notes in a reduced form.
 - Put a whole topic on one side of A4
 - Draw a mind map or a spider diagram
 - Make up rhymes
 - Record your notes and play them back to yourself
 - Make PowerPoint presentations for future reference
 - Use post it notes with key phrases and terms on your walls
7. Get someone to test your revision. Get a friend to ask each other questions. Ask your parents to ask (they'll be so pleased to be involved!!). Do the tests on SAM learning or BBC Bitesize.
8. Don't just skim read websites though. Read them, write notes from memory, compare them.
9. Go back to a revised topic at least two or three times. At this stage it will start to be stuck in your brain.
10. Do listen to music if you prefer. BUT not Heavy Metal or hard core rave. Chose music that can just be background. TV is not good to revise in front of!
11. Draw pictures of your notes. Make the picture and words large. Stick them on your walls. Your subconscious mind will take them in and you can recall them in the exam hall.
12. Drink plenty of water and eat proper regular meals. Don't fill up on pop and sweets.
13. Go to bed at sensible times. Watching Big Brother at 1am in the morning is not good for the next day!
14. START NOW. A little revision now is much better and easier than trying to do it all at the last minute.